Fit Academy
Michał Moczulski sp.j.
Al. Jerozolimskie 85
Lok 21, 02-001 Warszawa
NIP 7010506199 REGON 362441821

FIT-ACADEMY

CERTIFICATE

CONFIRMING PROFESSIONAL QUALIFICATIONS

Natan Jóskowski

Born on **15.07.2007** in **Wejherowo** completed

Fit Academy Institute of Personal Trainers Development

passed the final examinations and obtained confirming professional qualification in the Profession of:

PERSONAL TRAINER

Received the following qualification in the course:

- The basics of anatomy and physiology in the context of physical activity.
- Health and fitness evaluation with functional body shape assessement.
- Creating individual training programs and evaluate their effectiveness.
- Psychological and social aspects of health and fitness.
- Customer motivation monitoring. Evaluation of the effectiveness of the training program. (Bodybuilding, functional, motorized).
- Methods of nutrition and supplementation in the context of physical activity.
- Dietary interview with the customer, fundamental processes responsible for changing body composition.
- Building a successful business as a personal trainer, Freelancer.

Warszawa, dnia 06.11.2025

Nr TPIS/O/078/2025

Fit Academy
Al. Jerozolimskie 85 lok 21
02-001 Warszawa
NIP: 7010506199

DYREKTOR
Fit Academy
Michał Moczulski

Ministerstwo Edukacji Narodowej

SUS 2.0 Standard Usług Szkoleniowo-Rozwojowych